

# ANESTHESIA CAMP IV *St. Thomas*

## REGISTRATION

Register online at:  
<http://destinationcme.com/Registration.html>

If you prefer to register by fax or mail, please complete and return the enclosed registration form.

The course fee is **\$1,095** for physicians and nurse anesthetists, and includes CME/CE certification, conference syllabus, continental breakfasts and refreshment breaks. \$100 will be retained to cover administrative expenses should you cancel your registration. There will be no refunds after December 26, 2011.

**Optional session:** "Sail with the Professors": **\$285** (includes CME/CE certification); **\$175** for accompanying guests. Excursion includes open bar and buffet dinner.



## ACCOMMODATIONS

Overlooking the turquoise waters of Great Bay, **The Ritz-Carlton, St. Thomas** is a secluded hideaway on a 30-acre beachfront estate with breathtaking views of the Caribbean Sea and neighboring islands.

We have reserved a block of rooms at The Ritz-Carlton, St. Thomas, exclusively for registrants, at special rates which are

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applicable three days before and after the meeting, subject to availability:

Resort View: **\$429** per night (*limited availability*)  
Ocean View: **\$529** per night

You must register and pay for the conference in order to receive the special group rate. Reservation instructions will be provided in your registration confirmation. *Please reserve early as room block likely to sell out before deadline.*

## GETTING THERE

The Ritz-Carlton, St. Thomas is located approximately 30 minutes from **Cyril E. King Airport (STT)**. Non-stop or direct service to the island is provided by American, Continental, Delta, United, and US Airways from major U.S. cities and via **San Juan's Luis Marin International Airport (SJU)**. *Please note: Passports are not required for U.S. Citizens entering the U.S. Virgin Islands from the mainland. For more information, please visit the State Department's website: [www.travel.state.gov](http://www.travel.state.gov)*

## DESTINATION INFORMATION

For more information on this destination, we invite you to visit the following websites:

[www.ritzcarlton.com/en/Properties/StThomas](http://www.ritzcarlton.com/en/Properties/StThomas)  
[www.usvitourism.vi](http://www.usvitourism.vi)  
[www.frommers.com/destinations/stthomasusvi](http://www.frommers.com/destinations/stthomasusvi)

## ANESTHESIA CAMP Schedule

**Laguna Beach, California**  
September 20-22, 2012

**Grand Cayman, Cayman Islands**  
January 30 – February 2, 2013  
January 29-February 1, 2014  
January 28-31, 2015

[www.destinationCME.com](http://www.destinationCME.com)

# ANESTHESIA CAMP IV *St. Thomas*



The Ritz-Carlton  
St. Thomas, U.S. Virgin Islands  
January 25-28, 2012

ACTIVITY MEDICAL DIRECTOR  
**John E. Ellis, MD**

Adjunct Professor  
University of Pennsylvania School of Medicine

ACTIVITY CO-DIRECTOR  
**Brian Ginsberg, MB BCH**

Associate Professor, Department of Anesthesiology  
Duke University Medical Center

Jointly sponsored by



Duke School of Medicine destinationCME

# ANESTHESIA CAMP IV, ST. THOMAS



**The Ritz-Carlton  
St. Thomas, United States Virgin Islands  
January 25-28, 2012**

## STATEMENT OF NEED

This activity is designed to help clinicians implement changed guidelines which recommend beta blockade less strongly than before; achieve greater consistency and clarity of pharmaceutical and syringe labeling, in accordance with human factors; and facilitate the collection of clinical data to improve rather than merely to document a significant dimension of patient care.

## TARGET AUDIENCE

Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

## DISCLOSURE

The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, Experimental, or investigational uses of drugs or devices in their presentations.

## LEARNING OBJECTIVES

Upon completion of this educational activity, participants should be able to:

1. Provide amnestic drugs. Utilize intraoperative electrophysiology monitoring.
2. Manage hypotension accompanying neuraxial analgesia and anesthesia; "...phenylephrine may be preferable because of improved fetal acid-base status in uncomplicated pregnancies."

3. Avoid neuraxial anesthesia in patients with infectious risks. Identify neuraxial infections. Refer surgical candidates for Rx of such infections.

## CREDIT\*

The Duke University School of Medicine designates this educational activity for a maximum of 22.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Approved by the American Association of Nurse Anesthetists for 22 CE Credits; Code Number Code Number 33931, Expiration Date: January 28, 2012.

*\*General Session (20.0 credits), Optional "Sail with the Professors" Case Discussion (2.0 credits) for a maximum total of 22.0 credits.*

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Duke University School of Medicine and destination CME. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## FACULTY

### Nabil Elkassabany, MD

Assistant Professor of Anesthesiology  
University of Pennsylvania School of Medicine  
School of Medicine

### Michael M. Todd

Professor & Head  
Department of Anesthesia  
University of Iowa Carver College of Medicine

### Vivek Moitra, MD

Assistant Professor of Anesthesiology  
Columbia University Medical Center

### Lawrence C. Tsen, MD

Director of Anesthesia  
Center for Reproductive Medicine  
Brigham and Women's Hospital, Boston

## SCHEDULE

### Wednesday, January 25, 2012

6:30 am Registration begins (Grand Ballroom Foyer)  
7:00 am Continental Breakfast  
7:30 am Update in Respiratory Physiology - *Dr. Moitra*  
8:30 am What's New in Perioperative Hemodynamics - *Dr. Moitra*  
9:30 am Coffee Break  
10:00 am Optimizing Oxytocin and Uteronic Use during Cesarean Delivery - *Dr. Tsen*  
11:00 am Obstetric General Anesthesia: Alterations, Alternatives, and Algorithms - *Dr. Tsen*  
12:00 noon Quality Improvement: Case Conference - *Dr. Ellis & Faculty*  
12:30 pm Questions and Answers - *Dr. Ellis & Faculty*  
5:30-7:00 pm Welcome Reception

### Thursday, January 26, 2012

7:00 am Continental Breakfast  
7:30 am Perioperative Statin and Diabetes Medication Management - *Dr. Moitra*  
8:30 am Peripheral Nerve Injury After Neuraxial Techniques - *Dr. Tsen*  
9:30 am Coffee Break  
10:00 am Epidural Equinox: Is Your Epidural Technique Optimized? - *Dr. Tsen*  
11:00 am Wellness in Anesthesia Providers - *Dr. Ellis*  
12:00 noon Quality Improvement: Case Conference - *Dr. Ellis & Faculty*  
12:30 pm Questions and Answers - *Dr. Ellis & Faculty*  
2:00-6:00 pm **OPTIONAL:** "Sail with the Professors: Interesting Cases from the Real World" (Case discussion with 2.0 CME/CE credit) - *Dr. Ellis & Faculty*

### Friday, January 27, 2012

7:00 am Continental Breakfast  
7:30 am Building Your Regional Anesthesia Service - *Dr. Elkassabany*  
8:30 am Regional Anesthesia (the Good, the Bad, and the Ugly) - *Dr. Elkassabany*  
9:30 am Coffee Break  
10:00 am Cervical Spine Disorders and the Anesthesiologist - *Dr. Todd*  
11:00 am Update on Postoperative Visual Loss - *Dr. Todd*  
12:00 noon Quality Improvement: Case Conference - *Dr. Ellis & Faculty*  
12:30 pm Questions and Answers - *Dr. Ellis & Faculty*

### Saturday, January 28, 2012

7:00 am Continental Breakfast  
7:30 am Current Controversies in Regional Anesthesia - *Dr. Elkassabany*  
8:30 am Current Status of Perioperative Hypothermia - *Dr. Todd*  
9:30 am Coffee Break  
10:00 am Awareness Under Anesthesia – Facts and Myths - *Dr. Todd*  
11:00 am Perioperative Myocardial Ischemia and Infarction - *Dr. Ellis*  
12:00 noon Quality Improvement: Case Conference - *Dr. Ellis & Faculty*  
12:30 pm Questions and Answers - *Dr. Ellis & Faculty*

## DISCLAIMER

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

# ANESTHESIA CAMP IV

*St. Thomas*

## *Sail with the Professors*

*Interesting cases from the real world*

Earn CME/CE credit and sail in style aboard the Ritz-Carlton's 53' catamaran, Lady Lynsey



Enjoy an afternoon of snorkeling, swimming and sunbathing concluding with a breath-taking Caribbean sunset.

[View 2009-2010 sail photos](#)

*Open bar and buffet dinner will be served*

Thursday, January 26th  
2:00-6:00 pm

\$285 for CME/CE credit (2 hours)  
\$175 for accompanying guests

Register [online](#) or fax form to 888.286.5815

Jointly sponsored by the **Anesthesia Camp IV, St. Thomas**  
Duke University School of Medicine and destinationCME  
The Ritz-Carlton, St. Thomas  
January 25-28, 2012

### Registration Form

Please clearly PRINT information:

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Degree:  MD  DO  CRNA  Other (please specify): \_\_\_\_\_

Organization: \_\_\_\_\_ Specialty: \_\_\_\_\_

Email: \_\_\_\_\_

Note: CME/CE certificates will be issued via email.

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_ Fax#: (\_\_\_\_) \_\_\_\_\_

**Course Fees**

- \$1095.00 Course Fee (per MD/CRNA)
- \$ 285.00 Optional Excursion "Sail with the Professors" Case Discussion (per MD/CRNA)
- \$ 175.00 Optional Excursion "Sail with the Professors" (per accompanying guest) x \_\_\_\_\_ guests = \$ \_\_\_\_\_
- \$ 25.00 Optional Printed Syllabus (Registrants will receive free online access to all educational materials prior to meeting)

TOTAL: \_\_\_\_\_

**Payment and Billing Information:**

MasterCard  Visa  Discover  Amex Card Number: \_\_\_\_\_

Expiration Date (MM/YYYY): \_\_\_\_\_ Card 3-digit or 4-digit verification number: \_\_\_\_\_

Signature: \_\_\_\_\_

Billing address is same as mailing address

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_

Check enclosed (dCME FEIN #: 02-059-8487)

Please fax form or mail with check to:

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