

# ANESTHESIA CAMP III, ST. THOMAS



**The Ritz-Carlton**  
**St. Thomas, United States Virgin Islands**  
**January 27-30, 2010**

## STATEMENT OF NEED

This activity is designed to help clinicians learn how to manage patients undergoing complex surgery so as they emerge faster, with less pain, nausea and vomiting, and hasten the return of functional status.

## TARGET AUDIENCE

Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

## DISCLOSURE

The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

## RESOLUTION OF CONFLICTS OF INTEREST

In accordance with the ACCME Standards for Commercial Support of CME, the Duke University School of Medicine will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

## DISCLAIMER

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

## FACULTY

**Michael S. Avidan, MBBCh, DA, FCA**  
Associate Professor of Anesthesiology  
& Surgery  
Washington University School of Medicine

**Terese T. Horlocker, MD**  
Professor of Orthopedics and Anesthesiology  
Mayo Clinic, Rochester

## LEARNING OBJECTIVES

Upon completion of this educational activity, participants should be able to:

1. Pre-operatively identify high-risk patients,
2. Manage outpatients for surgery with quicker emergence, less pain, and less nausea, and
3. Manage patients undergoing complex procedures.

## CREDIT DESIGNATION\*

The Duke University School of Medicine designates this educational activity for a maximum of 22.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Approved by the American Association of Nurse Anesthetists for 22 CE Credits; Code Number 31920, Expiration Date: January 30, 2010.

\*General Session offers up to 20.0 credits.  
Optional Case Discussion offers up to 2.0 credits

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Duke University School of Medicine and destination CME. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Eric Jacobsohn, MBChB, MPHE, FRCPC**  
Professor and Head  
Department of Anesthesia  
University of Manitoba, Canada

**Lawrence C. Tsen, MD**  
Director of Anesthesia  
Center for Reproductive Medicine  
Brigham and Women's Hospital, Boston

## SCHEDULE

### Wednesday, January 27, 2010

- 7:00 am Continental Breakfast  
7:30 am Perioperative Hemodynamic Instability and Shocks and Management - *Dr. Jacobsohn*  
8:30 am Postoperative Cognitive Decline (POCD) - *Dr. Avidan*  
9:30 am Break  
10:00 am Diastolic Dysfunction: Diagnosis, Management and Implications for Perioperative Care - *Dr. Jacobsohn*  
11:00 am Valvular Heart Disease in the Perioperative Period - *Dr. Avidan*  
12:00 pm Morbidity & Quality Improvement Conference - *Dr. Ellis*  
12:30 pm Q&A  
1:00 pm Adjourn  
2:00-6:00 pm **Optional:** "Sail with the Professors: Interesting Cases from the Real World" (Case discussion: 2 hours CME/CE credit) *Drs. Ellis, Tsen, Avidan, Jacobsohn*

### Thursday, January 28, 2010

- 7:00 am Continental Breakfast  
7:30 am Perioperative Mechanical Ventilation Strategies: From Normal Lungs to those with ARDS/ALI - *Dr. Jacobsohn*  
8:30 am Heparin Induced Thrombocytopenia and the Anesthesiologist: What You NEED to Know *Dr. Jacobsohn*  
9:30 am Break  
10:00 am Still Dogma? Ephedrine and Oxygen in Obstetric Anesthesia - *Dr. Tsen*  
11:00 am Analgesia and Anesthesia in the High BMI Parturient - *Dr. Tsen*  
12:00 pm Morbidity & Quality Improvement Conference - *Dr. Ellis*  
12:30 pm Q&A  
1:00 pm Adjourn

### Friday, January 29, 2010

- 7:00 am Continental Breakfast  
7:30 am Controversies in 'Depth of Anesthesia' Monitoring - *Dr. Avidan*  
8:30 am Sleep, EEG, Awareness and Anesthesia - *Dr. Avidan*  
9:30 am Break  
10:00 am Regional Anesthesia and Anticoagulation- ASRA Evidence-Based Guidelines (3rd Edition) - *Dr. Horlocker*  
11:00 am Neurologic Complications of Peripheral Nerve Blocks - *Dr. Horlocker*  
12:00 pm Morbidity & Quality Improvement Conference - *Dr. Ellis*  
12:30 pm Q&A  
1:00 pm Adjourn

### Saturday, January 30, 2010

- 7:00 am Continental Breakfast  
7:30 am Infectious Complications of Neuraxial Anesthesia - *Dr. Horlocker*  
8:30 am Perioperative Applications of Peripheral Nerve Blocks - *Dr. Horlocker*  
9:30 am Break  
10:00 am What's New and Novel in Neuraxial Labor Analgesia? - *Dr. Tsen*  
11:00 am General versus Regional Anesthesia for Emergency Cesarean Delivery - *Dr. Tsen*  
12:00 pm Morbidity & Quality Improvement Conference - *Dr. Ellis*  
12:30 pm Q&A  
1:00 pm Adjourn

# ANESTHESIA CAMP III

*St. Thomas*

## REGISTRATION

Register online at:

[http://destinationcme.com/2010\\_ACIII\\_St\\_Thomas\\_Registration.html](http://destinationcme.com/2010_ACIII_St_Thomas_Registration.html)

If you prefer to register by fax or mail, please complete and return the enclosed registration form.

The course fee is **\$995** for physicians and nurse anesthetists, and includes CME/CE certification, conference syllabus, continental breakfasts and refreshment breaks. \$100 will be retained to cover administrative expenses should you cancel your registration. There will be no refunds after December 28, 2009.

**Optional session:** "Sail with the Professors": **\$275** (includes CME/CE certification); **\$165** for accompanying guests. Excursion includes open bar and buffet dinner.



## ACCOMMODATIONS

Overlooking the turquoise waters of Great Bay, **The Ritz-Carlton, St. Thomas** is a secluded hideaway on a 30-acre beachfront estate with breathtaking views of the Caribbean Sea and neighboring islands.

We have reserved a block of rooms at The Ritz-Carlton, St. Thomas, exclusively for registrants, at special rates which are

applicable three days before and after the meeting, subject to availability:

Resort View: **\$409** per night (*limited availability*)  
Ocean View: **\$509** per night

You must register and pay for the conference in order to receive the special group rate. Reservation instructions will be provided in your registration confirmation. *Please reserve early as room block likely to sell out before deadline.*

## GETTING THERE

The Ritz-Carlton, St. Thomas is located approximately 30 minutes from **Cyril E. King Airport (STT)**. Non-stop or direct service to the island is provided by American, Continental, Delta, United, and US Airways from major U.S. cities and via **San Juan's Luis Marin International Airport (SJU)**. *Please note: Passports are not required for U.S. Citizens entering the U.S. Virgin Islands from the mainland. For more information, please visit the State Department's website: [www.travel.state.gov](http://www.travel.state.gov)*

## DESTINATION INFORMATION

For more information on this destination, we invite you to visit the following websites:

[www.ritzcarlton.com/en/Properties/StThomas](http://www.ritzcarlton.com/en/Properties/StThomas)  
[www.usvitourism.vi](http://www.usvitourism.vi)  
[www.frommers.com/destinations/stthomasusvi](http://www.frommers.com/destinations/stthomasusvi)

## ANESTHESIA CAMP

### Schedule

#### Laguna Beach, California

October 1-3, 2009

#### Guanacaste, Costa Rica

October 27-31, 2009

#### St. Thomas, U.S. Virgin Islands

January 27-30, 2010

[www.destinationCME.com](http://www.destinationCME.com)

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#### ACTIVITY MEDICAL DIRECTOR

**John E. Ellis, MD**

Adjunct Professor

University of Pennsylvania School of Medicine

#### ACTIVITY CO-DIRECTOR

**Scott R. Schulman, MD**

Associate Professor, Department of Anesthesiology  
Duke University Medical Center

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