

# ANESTHESIA CAMP, ST. THOMAS



Jointly sponsored by the Duke University School of Medicine and destinationCME

**The Ritz-Carlton  
St. Thomas, United States Virgin Islands  
January 28-31, 2008**

## STATEMENT OF NEED

This activity is designed to help clinicians learn how to manage patients undergoing complex surgery so as they emerge faster, with less pain, nausea and vomiting, and hasten the return of functional status.

## TARGET AUDIENCE

Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

## FACULTY DISCLOSURE

The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

## LEARNING OBJECTIVES

Upon completion of this educational activity, participants should be able to:

1. Pre-operatively identify high-risk patients,
2. Manage outpatients for surgery with quicker emergence, less pain, and less nausea, and
3. Manage patients undergoing complex procedures.

## CREDIT

The Duke University School of Medicine designates this educational activity for a maximum of 25.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Approved by the American Association of Nurse Anesthetists for 25 CE Credits; Code Number 29736, Expiration Date: January 31, 2008.

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Duke University School of Medicine and destinationCME. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## DISCLAIMER

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

## SCHEDULE

### Monday, January 28, 2008

7:00 am	Continental Breakfast	
7:30 am	Sleep Apnea 2008	Dr. Ellis
8:15 am	Upper Extremity Nerve Blocks	Dr. MacLeod
9:00 am	Lower Extremity Nerve Blocks	Dr. MacLeod
9:45 am	Break	
10:15 am	Heparin-Induced Thrombosis and Thrombocytopenia: What Every Practitioner Should Know	Dr. Jacobsohn
11:00 am	Perioperative Transfusion	Dr. Jacobsohn
11:45 am	The Patient with Pulmonary Hypertension and RV Dysfunction	Dr. Jacobsohn
12:30 pm	Questions and Answers	
1:00 pm	Adjourn	
4:00-7:00 pm	<b>Optional:</b> Ultrasound-Guided Regional Anesthesia Workshop	Dr. MacLeod

### Tuesday, January 29, 2008

7:00 am	Continental Breakfast	
7:30 am	Anesthesia for Spine Surgery	Dr. Osborn
8:15 am	Central Venous Access - Should I Really be Using Ultrasound?	Dr. MacLeod
9:00 am	Injuries Related to Positioning in Anesthesia	Dr. Osborn
9:45 am	Break	
10:15 am	The 2006 ASA Practice Guidelines for Obstetric Anesthesia	Dr. Tsen
11:00 am	Epidural Equinox	Dr. Tsen
11:45 am	Anesthesia and Assisted Reproductive Technologies	Dr. Tsen
12:30 pm	Questions and Answers	
1:00 pm	Adjourn	

### Wednesday, January 30, 2008

7:00 am	Continental Breakfast	
7:30 am	Hail Cesar: Anesthesia for Cesarean Delivery	Dr. Tsen
8:15 am	Still Dogma? Ephedrine and Oxygen in Obstetric Anesthesia	Dr. Tsen
9:00 am	Bronchoscopy for Foreign Body	Dr. Berry
9:45 am	Break	
10:15 am	The LMA: Physiology & Advanced Uses	Dr. Osborn
11:00 am	Perioperative Shock: Physiology, Diagnosis, and Management	Dr. Jacobsohn
11:45 am	Anesthesia for Diagnostic & Interventional Radiology	Dr. Osborn
12:30 pm	Questions and Answers	
1:00 pm	Adjourn	
3:00-7:00 pm	<b>Optional:</b> Sail with the Professors: Interesting Cases from the Real World	

### Thursday, January 31, 2008

7:00 am	Continental Breakfast	
7:30 am	Anesthesia for Endovascular Surgery	Dr. Ellis
8:15 am	Preoperative Cardiac Evaluation	Dr. Ellis
9:00 am	Perioperative Fluids, Glucose and Monitoring	Dr. Berry
9:45 am	Break	
10:15 am	Anesthesia for Upper Abdominal Surgery	Dr. Ellis
11:00 am	What To Do About a URI?	Dr. Berry
11:45 am	Inflammatory Response – Friend or Foe?	Dr. Berry
12:30 pm	Questions and Answers	
1:00 pm	Adjourn	

## FACULTY

### Frederic A. Berry, MD

Emeritus Professor of Anesthesiology and Pediatrics  
University of Virginia Medical Center

### Irene P. Osborn, MD

Associate Professor of Anesthesiology  
Department of Anesthesiology  
Mount Sinai School of Medicine, New York

### Eric Jacobsohn, MBChB, MPHE, FRCPC

Professor and Head  
Department of Anesthesia  
University of Manitoba, Canada

### Lawrence C. Tsen, MD

Director of Anesthesia  
Center for Reproductive Medicine  
Brigham and Women's Hospital, Boston

# ANESTHESIA CAMP

*St. Thomas*

## REGISTRATION

Complete and return the enclosed registration form or register online at: [www.events.duke.edu/campstthomas](http://www.events.duke.edu/campstthomas)

The course fee is **\$950** for physicians and nurse anesthetists, and includes up to 20 credits, conference syllabus, continental breakfasts and refreshment breaks.

**Optional sessions:** Regional Anesthesia Workshop: \$200 (3 credits). Sail with the Professors: \$250 (2 credits); \$150 for accompanying guests, including open bar and buffet dinner.



## ACCOMMODATIONS

Overlooking the turquoise waters of Great Bay, **The Ritz-Carlton, St. Thomas** is a secluded hideaway on a 30-acre beachfront estate with breathtaking views of the Caribbean Sea and neighboring islands.

After a \$40 million renovation, the resort offers expanded luxurious amenities including lavishly designed guest rooms and suites; four distinctive ocean-front dining choices; the first Prada Spa experience in the Caribbean; a 53' luxury catamaran, the Lady Lynsey; and nine boat moorings, allowing guests to access this ultimate lifestyle enclave by sea or air.

We have reserved a block of rooms at The Ritz-Carlton, St. Thomas, exclusively for registrants, at special rates which are

applicable three days before and three days after the meeting, subject to availability:

**Resort View:** \$399 per night (*limited availability*)  
**Ocean View:** \$499 per night

You must register and pay for the conference in order to receive the special group rate. Reservation instructions will be provided in your registration confirmation. *Please book your reservation early as the room block is likely to sell out before the deadline.*

## GETTING THERE

The Ritz-Carlton, St. Thomas is located approximately 30 minutes from **Cyril E. King Airport (STT)**. Non-stop or direct service to the island is provided by American, Continental, Delta, United, and US Airways from major U.S. cities and via **San Juan's Luis Marin International Airport (SJU)**. *Please note: Passports are not required for U.S. Citizens traveling between the U.S. Virgin Islands and the U.S. mainland. For more information, please visit the State Department's website at [www.travel.state.gov](http://www.travel.state.gov).*

## DESTINATION INFORMATION

For more information on this destination, we invite you to visit the following websites:

[www.ritzcarlton.com/en/Properties/StThomas](http://www.ritzcarlton.com/en/Properties/StThomas)  
[www.usvitourism.vi](http://www.usvitourism.vi)

## ANESTHESIA CAMP Schedule

**Laguna Beach, California**  
October 1-4, 2008

**Lana'i, Hawaii**  
October 29-November 1, 2008

**St. Thomas, U.S. Virgin Islands**  
January 28-31, 2009

[www.destinationCME.com](http://www.destinationCME.com)

Updated 1/9/08

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*St. Thomas*



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St. Thomas, U.S. Virgin Islands  
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## ACTIVITY MEDICAL DIRECTOR

**John E. Ellis, MD**

Professor, Department of Anesthesia and Critical Care  
The University of Chicago

## ACTIVITY MEDICAL CO-DIRECTOR

**David B. MacLeod, MD**

Assistant Professor, Department of Anesthesiology  
Duke University Medical Center

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