

ANESTHESIA CAMP

Costa Rica

REGISTRATION

Complete and return the enclosed registration form or register online at: www.events.duke.edu/anesthcamp

The course fee is **\$750** for physicians and nurse anesthetists, and includes the conference syllabus, continental breakfasts and refreshment breaks. \$100 will be retained to cover administrative expenses should you cancel your registration. There will be no refunds after **September 15, 2007**.

Optional session:

"Sail with the Professors"

Fee: \$250 per person for those receiving CME/CE credit, and \$150 per person for accompanying family/partners not receiving CME/CE credit.



ACCOMMODATIONS

Spilling down a coastal hillside to an isthmus of golden sand, the **Four Seasons Resort Costa Rica at Peninsula Papagayo** creates an ambiance of simple luxury in this pristine natural setting.

Perched above two unspoiled beaches on Costa Rica's Pacific coast, the resort features a championship golf course, an indigenous spa, and the magic of the tropical dry forest.

We have reserved a block of rooms exclusively for registrants at the rate of **\$385** per night, which is applicable three days before and three days after the meeting, subject to availability. You must register and pay for the conference in order to receive the special group rate.

Reservation instructions will be provided in your registration confirmation. *Please book your reservation early as the room block is likely to sell out before the deadline.*

GETTING THERE

The Four Seasons Resort is located 45 minutes from the **Daniel Oduber International Airport (LIR)** in Liberia, Costa Rica. Non-stop or direct service is provided by Delta (Atlanta), American (Miami, Dallas), Continental (Houston, Newark). Airport transfers can be arranged with the resort for an additional fee. *Please note: All visitors to Costa Rica must possess a passport valid for at least three months from the date of arrival.*

DESTINATION INFORMATION

For more information on this destination, we invite you to visit the following websites:

www.fourseasons.com/costarica
www.visitcostarica.com
www.costaricabureau.com/guanacaste.htm

ANESTHESIA CAMP

Schedule

Laguna Beach, California

October 3-6, 2007

Guanacaste, Costa Rica

Track II: October 25-28, 2007

St. Thomas, U.S. Virgin Islands

January 28-31, 2008

www.destinationCME.com

Updated 6/22/07

ANESTHESIA CAMP

Costa Rica



Four Seasons Resort at Peninsula Papagayo

Guanacaste, Costa Rica

Track II: October 25-28, 2007

ACTIVITY MEDICAL DIRECTOR

John E. Ellis, MD

Professor, Department of Anesthesia and Critical Care
The University of Chicago

ACTIVITY MEDICAL CO-DIRECTOR

David B. MacLeod, MD

Assistant Professor, Department of Anesthesiology
Duke University Medical Center

Jointly sponsored by



Duke School of Medicine destinationCME

ANESTHESIA CAMP, COSTA RICA



Jointly sponsored by the Duke University School of Medicine and destinationCME

Four Seasons Resort at Peninsula Papagayo Guanacaste, Costa Rica

Track II: October 25-28, 2007*

* Includes optional excursion, "Sail with the Professors on Wednesday, October 24th"

STATEMENT OF NEED

This activity is designed to help clinicians learn how to manage patients undergoing complex surgery so as they emerge faster, with less pain, nausea and vomiting, and hasten the return of functional status.

TARGET AUDIENCE

Anesthesiologists, hospitalists, intensivists, pain management physicians; CRNAs.

FACULTY DISCLOSURE

The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

LEARNING OBJECTIVES

Upon completion of this educational activity, participants should be able to:

1. Pre-operatively identify high-risk patients,
2. Manage outpatients for surgery with quicker emergence, less pain, and less nausea, and
3. Manage patients undergoing complex procedures.

CREDIT

The Duke University School of Medicine designates this educational activity for a maximum of 20.0 *AMA PRA Category 1 Credits*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity. **Track II offers a maximum of 15.5 *AMA PRA Category 1 Credits*.**™

Approved by the American Association of Nurse Anesthetists for 15 CE Credits; Code Number 29593, Expiration Date: October 28, 2007.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Duke University School of Medicine and destinationCME. The Duke University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

DISCLAIMER

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

SCHEDULE

Thursday, October 25, 2007

7:00 AM	Continental Breakfast	
7:30 AM	Obesity and Sleep Apnea – Airway, Ventilatory and Analgesia Management (<i>Session 1A</i>) <i>Claim one session only</i>	Dr. Ellis
8:30 AM	Anesthesia for Upper Abdominal Surgery	Dr. Ellis
9:30 AM	Break	
10:00 AM	Hearts Go "Off-site" – Anesthesia in the Cath Lab and EP Lab	Dr. Shook
11:00 AM	Anesthesia for Endovascular Surgery (<i>Session 2A</i>) <i>Claim one session only</i>	Dr. Ellis
12:00-12:30 PM	Questions and Answers	
2:30-6:30 PM	Optional: "Sail with the Professors" 4:00-6:00 pm: Case Discussion Session: Interesting Cases from the Real World	Dr. Ellis and Faculty

Friday, October 26, 2007

7:00 AM	Continental Breakfast	
7:30 AM	The LMA and Airway Reactivity...What Have Recent Studies Shown Us?	Dr. Eshima McKay
8:30 AM	Peripheral Nerve Block for Orthopedic Surgery	Dr. McKay
9:30 AM	Break	
10:00 AM	Perioperative Non-opioid Analgesic Techniques: Can Patients Gain Long-Term Benefit?	Dr. McKay
11:00 AM	Obesity and Sleep Apnea – Cardiac and Endocrine Management	Dr. Ellis
12:00-12:30 PM	Questions and Answers	

Saturday, October 27, 2007

7:00 AM	Continental Breakfast	
7:30 AM	Controversies in Fluid Management and Volume Resuscitation	Dr. Eshima McKay
8:30 AM	Rescue Transesophageal Echocardiography in Catastrophic Situations	Dr. Shook
9:30 AM	Break	
10:00 AM	Cerebral Monitoring Devices – Facilitating Recovery from General Anesthesia	Dr. White
11:00 AM	Cost-effective Strategies for Preventing Postoperative Nausea and Vomiting	Dr. White
12:00-12:30 PM	Questions and Answers	

Sunday, October 28, 2007

7:00 AM	Continental Breakfast	
7:30 AM	Ambulatory Anesthesia – Optimal Anesthetic Techniques	Dr. White
8:30 AM	Obesity and Sleep Apnea – Airway, Ventilatory and Analgesia Management (<i>Session 1B</i>) <i>Claim one session only</i>	Dr. Ellis
9:30 AM	Break	
10:00 AM	Preoperative Cardiac Evaluation	Dr. Ellis
11:00 AM	Anesthesia for Endovascular Surgery (<i>Session 2B</i>) <i>Claim one session only</i>	Dr. Ellis
12:00-12:30 PM	Questions and Answers	

FACULTY

Rachel Eshima McKay, MD

Associate Clinical Professor
Department of Anesthesia and Perioperative Care
University of California, San Francisco

Warren R. McKay, MD

Clinical Professor
Department of Anesthesia and Perioperative Care
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Douglas C. Shook, MD

Program Director,
Cardiothoracic Anesthesia Fellowship
Department of Anesthesia, Perioperative and Pain Medicine
Brigham and Women's Hospital, Boston

Paul F. White, PhD, MD, FANZCA

Professor and Holder of the Margaret Milam McDermott Distinguished Chair of Anesthesiology
University of Texas Southwestern Medical Center at Dallas

Anesthesia Camp, Costa Rica
Track II: October 25th-28th, 2007
Jointly Sponsored by Duke University School of Medicine and destinationCME LLC
Four Seasons Resort, Guanacaste, Costa Rica

Name _____ Preferred First Name _____
Please print all information
Organization _____ Title/Degree _____
Address _____
City _____ State _____ Postal Code _____
Country _____ Email _____
Phone _____ Fax _____

Conference Registration: Registration is required. Fees include the course syllabus, continental breakfasts and refreshment breaks. Registration fees are per person.

Fee to indicate your choices and write the fee in the RATE Blank.

Physicians and Nurse Anesthetists \$750 \$ _____

Optional Sunset Sail (Physicians and Nurse Anesthetists) \$250 \$ _____
(CME/CE credit awarded)

Optional Sunset Sail (Family members/partners) \$150 per person X _____ people \$ _____

TOTAL FOR ALL FEES \$ _____

Method of payment: All payments are in US dollars. Accepted payment methods are Credit Card or Check

Credit Card Check

Checks are made payable to:

Duke University FEID: 56-0532129

Duke University Conference Services
Anesthesia Camp Costa Rica
0066 Bryan University Center
Box 90841
Durham, NC 27708-0841

Credit Card Payments: please check card type:

American Express Discover MasterCard Visa

Card number _____ Exp _____

Signature _____

Name on Card, if different from registrant _____

Billing Address, if different from registrant _____

City _____ State _____ ZIP _____
Registrations with credit card payments may be faxed to Duke University Conference Services at 919-660-1769.

Cancellation Policy: A \$100 administrative fee will be assessed on all refunds prior to September 15th, 2007. After that date no refunds can be made. Notice of cancellation must be received in writing to Karin Lehn at Karin.lehn@duke.edu.

Accommodations: Registrants are responsible for booking their own accommodations. The host hotel is the Four Seasons Resort, Guanacaste, Costa Rica. <http://fourseasons.com/costarica> The group rate is \$385 per night. Reservation instructions will be provided with course registration confirmation.

Questions?

Registration Questions should be directed to Duke University Conference Services by email at ConfServ@notes.duke.edu or by phone at **919-660-1760** Monday-Friday 8:30am to 4:30pm East Coast Time.

Program Questions should be directed to Dr. John Ellis via email at john_ellis@destinationCME.com or Tracy Ellis at tracy_ellis@destinationCME.com or by phone at 888-286-5815.